

# Footprints

One night I had a dream...

I dreamed I was walking along the beach with God  
and across the sky flashed scenes from my life.

For each scene I noticed two sets of footprints,  
one belonged to me and the other to God.

When the last scene of my life flashed before me,  
I looked back at the footprints in the sand.

I noticed that many times along the path of my life,  
there was only one set of footprints.

I also noticed that it happened at the very lowest  
and saddest times in my life.

This really bothered me and I questioned God about it.

"God, you said that once I decided to follow you,  
you would walk with me all the way,  
but I have noticed that during the most troublesome times in my life  
there is only one set of footprints.

"I don't understand why in times when I needed you most,  
you should leave me."

And God replied, "My precious, precious child,  
I love you and I would never, never leave you during your times of trial and  
suffering.

"When you saw only one set of footprints,  
it was then that I carried you."

Mary Stevenson